



POETRY TOGETHER

TAMESIDE ADULT AND YOUNG
CARERS



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POEMS



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POEMS





**BE HAPPY
BY GEORGE WILLIAMS**

**'HAPPINESS CAN COME IN DIFFERENT WAYS,
IT CAN UNLOCK ANYTHING,
AS LONG AS YOU ARE HAPPY'
'JUST BE HAPPY'**

**MONDAY
By Myah Sangare**

**'Monday is the first day when the sky is
beautiful,
Roses are red, violets are blue,
The sky is a colour for you.
Happiness spreads between people,
The happiness spreads between the air'**

**HAPPINESS
BY PHOEBE MATLEY**

**'HAPPINESS IS FULL OF
WISHES, CAKES, TEA AND
LOTS OF LOVINGNESS.
WHEN YOUR FAMILY GETS
TOGETHER, HAPPINESS IS THE
FEELING NO MATTER THE
WEATHER.
SO WHEN YOU ARE FEELING
DOWN,
NO MATTER THE PLACE,
READ THIS POEM TO LIGHT UP
YOUR FACE'.**

HAPPY
By Lexi Longden

**'Happiness gives you the joy
when you are down,
Happiness makes you smile like
on a roller-coaster in a park,
Happiness is always key.'**

A HAPPY PLACE
By Josiah Lawrence (extract from a poem
online)

**'A true happy place deep inside that bubbles
and glistens and glows.
It grows from the seed that we plant in the
world when love and our gratitude flows.
In our place we are love from the heart'**

HAVING FUN
By Izabella Fisher

Having fun with friends,
At young carers
People being my life
Parent's house
Isabelle my best friend
Not at school
Excellent friends
Smiling
Sleeping

BY GIUSEPPE

**Took more time for you to arrive
Should've known then you'd be
different
Had to be extra patient with this
present
A beautiful gift you indeed are
Always staying close
Never too far away
Keeping me close
Calling me everyday
Making sure I'm ok
I love you**

BY JEANETTE

**I love to hear a giggle 'Don't You'
When you hear a giggle you want
to join in too
Laughter is infectious, it gives you
a smile
It takes you away from you cares
for a while
Happiness is the greatest gift
It's the best thing to give you that
much needed lift**



THANK YOU



**WE HOPE YOU ENJOYED OUR
CARRERS POETRY AFTERNOON TEA**

